

February Classified Kudos

Employee Group Being Recognized: **Maintenance**
Employee Representing Group: **Steve Bradley**
Time of Service to CMCSS: **31 years**
Primary Job Responsibility:
Repair and maintain furniture and cabinets.
Also, build with wood or metal fabrication.

"I support the CMCSS mission by keeping furniture, cabinets and other items repaired, built and maintained to the high standards that our students and staff deserve."

"The best thing about my job is the people I work with and knowing that even in small ways my daily efforts are helping to build future leaders."



CMCSS Newsletter

February 6, 2017

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While driving a bus route as a substitute, CMCSS Vehicle Mechanic Thomas Mitchell saw a family with a need. He contacted the Lowe's on Lowe's Drive in Clarksville, and Store Manager David Adams graciously donated supplies. With the help of two other vehicle mechanics, Mike Greene and Anthony Puckett, as well as two members of the community, Randall Puckett (Anthony's brother) and Nicholas Puckett (Anthony's son), they spent a few hours of their free time making a difference.

Click here for the video:

<https://cmcssfocus.net/2017/02/01/dm-vehicle-mechanics/>



Classified Kudos will be a monthly employee newsletter feature, which was initiated by a Continuous Improvement Team charged with employee recognition. The month's featured group will mirror the Classified Staff Appreciation calendar. The spotlight will focus on one employee representing the group or groups being recognized.

Benefits Update

MedFSA

REMINDER to all participants in the MedFSA plan, you have until March 15, 2017 to incur expenses for your 2016 balances. You will then have until March 31, 2017 to submit your claims to Benefits Connection. Any claim received after March 31, 2017 will not be eligible for reimbursement. Remember that you can shop at <https://fsastore.com/> to spend any remaining 2016 funds.

BlueCross BlueShield Select Network Hospitals

The BlueCross BlueShield Select Network is the network of providers for the medical plan offered by CMCSS. There are many hospitals that participate in the Select network. The hospitals listed below are hospitals in the local area that are in-network providers.

Tennova Healthcare-Clarksville (formerly Gateway)
St. Thomas Midtown (formerly Baptist Hospital in Nashville)
St. Thomas and Vanderbilt in Nashville
Northcrest Medical Center in Springfield

BlueCross BlueShield New Discount Program Offers Members More Products, Services and Savings

BlueCross BlueShield of Tennessee is partnering with the Blue Cross and Blue Shield Association to offer a more enhanced member discount program called Blue365[®]. Beginning this month, members will have access to Blue365's increased savings on national and local health-related products and services. Blue365 will replace BluePerksSM.



Members can access Blue365 deals online or in an optional weekly email. Discounts include:

- Hearing aids and health-related products and supplies
- LASIK eye procedures, contact lenses and other vision products
- Fitness classes, events and tracking devices
- Healthy baby products
- Online cooking classes and recipes
- National nutrition programs like Jenny Craig

FitnessBlueSM



With Blue365, members can still sign up for FitnessBlue, our popular discounted gym membership program. Once they sign up, they get:

- Access to more than 9,000 fitness locations nationwide
- No annual commitment
- One-time \$29 enrollment fee and a low \$29 per month cost (per member, plus applicable taxes)

To learn more you may visit www.Blue365deals.com, email Blue365 at support@blue365deals.com or call (855) 511-2583.

Benefits Office is open Monday through Friday 7:30am to 4:30pm

Donna McIntosh – donna.mcintosh@cmcss.net

Amy Wigington – amy.wigington@cmcss.net

Faye Tryon – faye.tryon@cmcss.net



Onsite Update

Tennova Healthcare- Clarksville is offering general Ultrasound exams every second and fourth Saturdays from 8:30 a.m. – 4 p.m.

Call Central Scheduling to set up an appointment at (931) 502-1180. Call soon as slots fill up fast.

Guidelines:

- General ultrasound include: OB, Abdomen (kidneys, gallbladder & liver), Pelvis, Scrotum, and Thyroid
- Please arrive 30 minutes prior to your scheduled appointment through the Main Entrance of the hospital.

The Onsite Team is gearing up to celebrate the **American Heart Month** during February! Please stop by the main clinic to see all of the fun activities we have to offer to our patients.

Clinic Hours:

Monday – Saturday 8 a.m. to 5 p.m.

Please call us to schedule your next appointment 931.906.2001. For next day appointments or later, you can schedule online at <http://www.genbook.com/bookings/slot/reservation/30021150>.

Thank you all for your support and continuous feedback. We thrive based on our patient feedback.

Thank you for participating in National Wear Red Day®!



Alive & Well February Events

PiYo Exercise Class

Feb. 8 at 5 p.m., Norman Smith Elementary - Gym

Join us for a fun exercise experience! To learn more about PiYo click the link to the following YouTube video:

<https://www.youtube.com/watch?v=H1yDHYVhuhw>

Sign-up using the following link:

<https://goo.gl/forms/3fnS60zjkGnIaIT62>



Fight for Every Heartbeat: Nutrition, Inflammation, and Heart Disease

Feb. 16 at 5 p.m., Central Office - Lecture Hall

Inflammation contributes to many common health conditions affecting the nerves, organs, connective tissues, joints, and muscles. Chronic inflammation can lead to degenerative conditions, like heart disease. Learn what foods may contribute to inflammation and foods that may prevent or treat it!

Sign-up using the following link:

<https://goo.gl/forms/FZKthkWwlfSMOhCH3>



ENGAGE CMCSS Professional Learning Conference

ENGAGE is designed to be a powerful learning experience for every teacher. In order to meet that lofty goal, **we need you!** Leaders from Instruction and Curriculum hosted teacher feedback sessions with the purpose of identifying how best to improve support, structures, and resources for you.

They asked: *How do CMCSS teachers learn best?*

They heard:

- *I learn best when I am collaborating with colleagues.*
- *I want to learn from someone who teaches what I teach.*
- *I want to see best practices modeled for me.*

Please consider offering at least one session at ENGAGE this summer so that we can continue to improve student achievement by sharing our expertise.

Submit your ideas: <https://goo.gl/forms/9zwTG61H94psWtTg2>

All proposals are due no later than noon on Wednesday, February 22, so don't be late! The Instruction and Curriculum Department will review all proposals and notify presenters on March 15.

For more information on ENGAGE - CMCSS Professional Learning Conference, check out: <http://www.cmcoss.net/faculty/engage.aspx>



Thank you to everyone who donated to the CMC Education Foundation during the 2016 “Dedicated to the Difference” Campaign. We appreciate your dedication to students in your daily work and in your generous giving.

Tax season is upon us so we wanted to provide you with some information on where to get the information you need if you plan to report donations to the CMC Education Foundation when filing your 2016 taxes.

If your gift is a one-time cash or check donation, you should have received an email from Abby Binkley that gives your total donation amount for 2016. Please check your Barracuda Spam account if you did not receive this email.

If you give through payroll deduction, please use your CMCSS pay stubs for each pay period in 2016. You can access these by logging into your Munis account. Once logged in you will select YTD Information and then select 2016 for the year. Under Deductions you will see EDUC FOUND and your total payroll deduction giving for 2016.

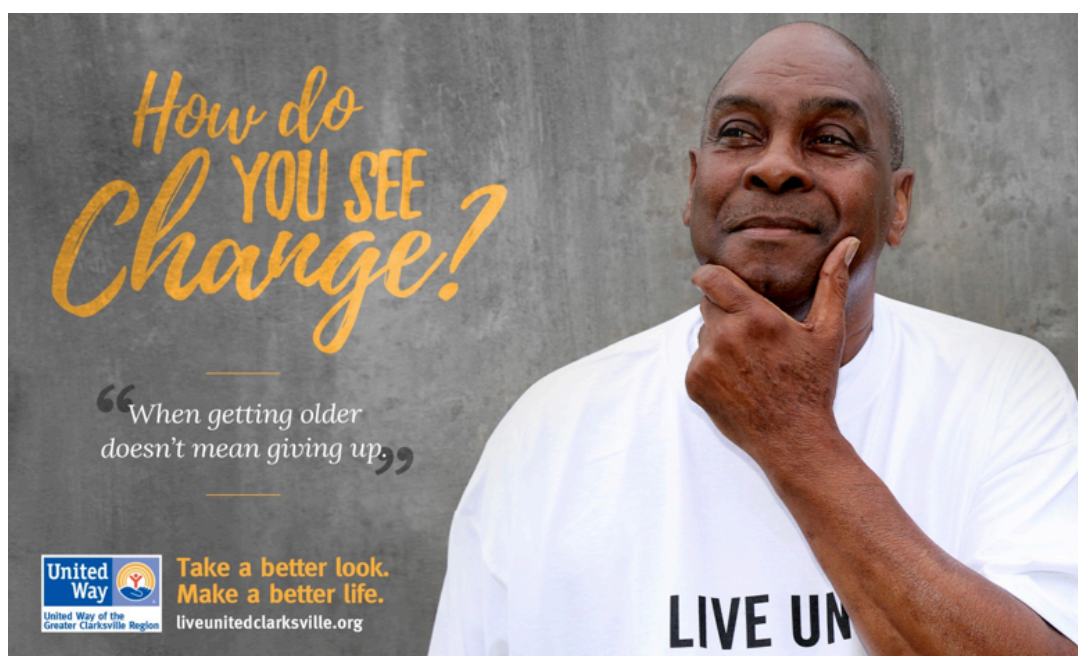


UNITED WAY CAMPAIGN

It's almost time for our annual United Way campaign and we need your help to make it the best one yet! Beginning February 21st, you will have the opportunity to join in a community-wide effort to help ensure that our kids and their families have every opportunity to lead successful lives. When you give to United Way, you are investing in our community and 28 local agency programs that fight for the health, education and financial stability of every person. Be on the lookout for more information about how your dollars positively impact our community, as well as upcoming campaign activities.

Start your impact here! We encourage you to take a better look at some of the most concerning issues that some of our kids and their families face daily. CMCSS family member and current United Way GCR President, Norm Brumblay, is even featured in this year's video!

Video link <http://liveunitedclarksville.org/united-way-2016-2017-campaign-video/>



Learn how United Way dollars help mentors like Roy make a huge breakthrough with kids like Greg, a young boy who desperately needed someone to talk to and lots of encouragement after facing troubling times at home. The right encouragement at home goes a long way in the classroom.

<http://liveunitedclarksville.org/greg-and-roys-story/>