



Employee Newsletter

March 4, 2019

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United We Fight. United We Win.



Mr. House represented CMCSS well, winning the free throw contest against Mayor Durrett at the 2nd Annual United for United Way employee night on Feb. 23! This friendly competition raises community awareness of the United Way and serves as rallying opportunity for CMCSS employees during the United Way employee contribution campaign, running through **March 11**.

Please consider contributing to the employee campaign before March 11 to help CMCSS reach the **\$100,000 goal** to support the United Way of the Greater Clarksville Region and its 30 partner agencies!

Certified Employee Transfer Requests

Certified employees have the opportunity to submit transfer requests until **May 15, 2019**, for the 2019-2020 school year. Submission of the form does not guarantee an interview or transfer. Employees are asked to discuss transfer requests with their current principal or supervisor prior to submitting the electronic form. To access the electronic form, please visit www.cmcss.net, sign into the *Employee Portal*, and choose the *Employee Resources* tab. Scroll down and select *Transfer Requests* under the *Employee Resources* section. Complete the electronic form to apply for certified positions. (A position does not have to be posted before you submit a transfer.) The deadline for principals to approve or disapprove transfer requests to their schools is June 15, 2019.

Alive & Well

Event Highlights

March is National Nutrition Month! Alive & Well will be celebrating all month long and will be holding the following nutrition events:

Hot Topics in Nutrition, Barkers Mill, March 5 at 5 p.m. — Learn about the pros and cons of current nutrition trends, plus Q & A with the dietitian!

Nutrition for Self-Care, Richview Middle, March 14 at 5 p.m. — Hear how nutrition is part of self-care (mind and body), and how to provide yourself with simple, healthful nutrition.

One-Pan Meals Cooking Class, Rossview High, March 19 at 5 p.m. — Cook and taste-test easy one-pan recipes! Register here: <https://goo.gl/forms/PLkIS9K9uYgGwHm62>

Lacrosse Exercises & Games, Glenellen Elementary, March 6 at 5 p.m. — Hosted by Clarksville Lacrosse Club, learn about the sport, technique, and practice new skills!

Mandala Meditation Activity with Suzy Hopkins, St. Bethlehem Elementary, March 18 at 5 p.m.

Inaugural Dodgeball Tournament, Clarksville High, March 16 at 8 a.m. — see aliveandwell.cmcss.net/events for more information.

Click [here](#) for all March events.

Alive & Well Spotlight

Congrats to the following Be Alive Points Program participants for completing challenging events in February! Each of them will receive bonus points for completing these events.

Kaye Byard, Megan Clegg, Melinda Robinson, and Rachel Hamrick-Kennedy each completed a half-marathon trail run.

Benefits Update

BCBS Dental

Due to the dental premium increase in January, there will be a one-time additional deduction from all employees who were enrolled in the dental plan prior to Jan. 1, 2019. The deduction amount is based on whether you have single, 2-party or family coverage and if you receive your paycheck bi-weekly or monthly. The deductions are as follows:

<u>Type of Coverage</u>	<u>Bi-weekly Deduction</u>	<u>Type of Coverage</u>	<u>Monthly Deduction</u>
Single	\$0.52	Single	\$0.52
Two Party	\$1.04	Two Party	\$1.04
Family	\$1.56	Family	\$1.56

The deduction for Classified (bi-weekly) and Administrative (monthly) staff was on Feb. 28. The deduction for Certified (monthly) staff will be on March 5. Please contact the Benefits Office with any questions regarding this deduction.

Medical Flexible Spending Account

All participants in the MedFSA plan, will have until March 15, 2019 to incur expenses for 2018 balances. You will then have until March 31, 2019 to submit claims to Benefits Connection. Any claim received after March 31, 2019 will not be eligible for reimbursement. Remember that you can shop at <https://fsastore.com> to spend any remaining 2018 funds.

The Benefits Office is open Monday - Friday, 7:30 a.m. to 4:30 p.m.

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