



CMCSS Newsletter

March 20, 2017

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Two Shopping Days Left!

There are two Teacher Warehouse shopping days left for the 2016-2017 school year. Make your appointments now.

Tuesday March 21

Tuesday April 4





Volunteers Needed for Rivers and Spires April 20 - 22

The 15th Rivers and Spires Festival is fast approaching. We are excited about the upcoming Festival and we wanted to make sure you knew there is a wonderful opportunity for your students to be involved. The Rivers and Spires Volunteer Committee is asking our young people to help in the Family Fun Zone, Sports Zone, and Toddler Town areas this year. These areas need volunteers to interact with children by helping them with inflatable rides, face painting, games and much more. Introduced last year is a rotating Volunteer Trophy. This trophy is rotated every year and awarded to the school that has the best participation level of volunteers.

The Montgomery County Tourism Commission and the Rivers & Spires Festival Committee have worked hard acquiring the entertainment line-up this year and we anticipate this to be the best festival to date. However, without volunteers, we cannot be successful. Click [here](https://newsletters.cmcss.net/Documents/105) for information from the CMCSS Rivers & Spires Volunteer Committee, and we would appreciate you passing this information to the student organizations. The festival is scheduled for April 20 – April 22, and we would appreciate it if you could return the information to us by April 15.

Click [here](https://newsletters.cmcss.net/Documents/105) for info on group instructions:

Click [here](https://newsletters.cmcss.net/Documents/106) for volunteer forms:

Benefits Update

BlueCross BlueShield Preferred Specialty Drug Network

Beginning April 1, our Medical Plan will have the BCBSTN Preferred Specialty Drug Network implemented for members who take Specialty Medications. Specialty medications are those used to treat serious chronic or genetic conditions such as multiple sclerosis, rheumatoid arthritis, Hepatitis C, cancer and hemophilia.

To help you get the full benefits from these Specialty Medications, BlueCross BlueShield of Tennessee works with several different preferred specialty pharmacies (you can view the list at <http://www.bcbst.com/docs/pharmacy/Specialty-Pharmacy%20List-2017.pdf>). Each pharmacy has specially trained clinical pharmacists and nurses who provide medications and education for you and your doctor. Specialty medications are expensive so it is important to use one of the Preferred Specialty pharmacies so you will pay less for these medications. *Note that if you use a specialty pharmacy outside this network, these medications will not be covered by your plan so you will be responsible for 100% of the cost.*

PhysicianNow-A New Kind of House Call

PhysicianNow, powered by MDLIVE, connects you with doctors 24 hours a day, 7 days a week. Use PhysicianNow to avoid the hassle of scheduling time with your doctor or spending hours in an ER or Urgent Care waiting room. All you need is a telephone, smartphone, tablet or computer.

When Should I Use PhysicianNow?

When it's not an emergency
When it's not easy to schedule with your doctor
When you're traveling
When you're too busy to go to your doctor's office

What conditions can be treated?

General Health

Allergies
Asthma
Cold & Flu
Bronchitis
Ear Aches
Fever
Infections
Sore Throat
And more

Pediatric Care

Cold & Flu
Constipation
Ear Infections
Nausea
Pink Eye
And more



Employees enrolled in the BlueCross BlueShield medical plan, who are interested in PhysicianNow may call 888-283-6691 or log in to bcbst.com and click on "My Health and Wellness" tab.

Need to Update Personal Info?

If you're moving, changing your name, or making any changes that affect your personal information, let Human Resources know as soon as possible. If you're adding a spouse or new baby, or making any changes to your insurance, contact the Benefits Office. Remember that changes to your insurance coverage due to a status change must be made within 30 days of the event.

If you need to update your beneficiary information, please contact the Benefits Office.

Benefits Office is open Monday through Friday 7:30 a.m. to 4:30 p.m.

Donna McIntosh – donna.mcintosh@cmcss.net

Amy Wigington – amy.wigington@cmcss.net

Faye Tryon – faye.tryon@cmcss.net

PiYo Class

April 5, 5-6 p.m., Norman Smith Elementary School

Join instructor Megan Clegg for a fun PiYo class at Norman Smith Elementary School! Register at the following link:

<https://goo.gl/forms/7jxDkOw4zIaSCRyX2>



"Give the Y a Try!" Event

Come try out the Clarksville Area YMCA the week of April 10 – 15, 2017 for FREE.

All school system and county employees are welcome! At the first visit, each participant will receive a stamp card. During each visit, the front desk will stamp the card and participants will fill in the activities completed. At the end of the week, participants will need to return the stamp card to Katie Massman, katie.massman@cmcss.net, by scan/email or courier (Onsite Clinic).

Each visit will earn Be Alive members one point. For each group fitness class attended, Be Alive members will receive an additional point. Don't forget to bring your work name badge or photo ID with you! Please ask to take a facility tour!

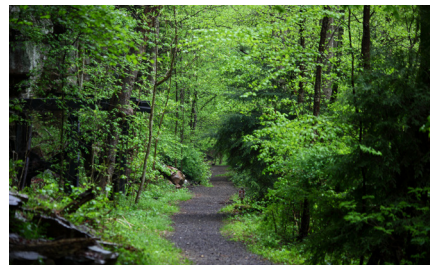
Register at the following link: <https://goo.gl/forms/6F0CcmsK3JGLPQau1>

Trail Tuesdays

April 4, 11, 18, and 25 at Rotary Park, 5 – 6 p.m.

Join us at Rotary Park every Tuesday in April for Trail Tuesdays! Enjoy the nice spring weather by hiking through the park! Be Alive participants will receive 5 points per hike they attend, with a bonus of 10 points for attending them all. Register at the following link:

<https://goo.gl/forms/TflirqowubV0A54M2>



Fitness Dance Fusion

**April 24, 5:30-6:45 p.m., John Bartee Gymnasium
(old CHES gym on Cumberland Heights Rd.)**

Join instructor Adrienne Beech for an energetic fitness dance class! Don't forget to bring small weights and a mat. Be Alive participants will receive 10 points. Register for the event by clicking this link: <https://goo.gl/forms/7ztgDzZQwaXd6gId2>

Click here to learn about the April Kickball Event: <https://newsletters.cmcass.net/Documents/104>

Recommendations for District Improvements

To submit recommendations for district improvements, please go to Questions & Comments at the bottom of the district website or visit this link: <http://www.cmcss.net/helpfullinks/feedback.aspx>.

District Documents

All district documents can be searched for at <http://www.cmcss.net/forms.aspx>. To request updates to documents, please email April Sparks at april.sparks@cmcss.net.

Remember, the online version of any document is the official version.

Below are policy updates:

Policy Number	Policy Name	Revision	Revision Date
HUM-A058	Transfers	I	2/20/2017
HUM-A085	Overtime/Compensatory Time	IR	2/27/2017
TCH-A001	Technology Purchases	C	2/27/2017

Positive Feedback

Have you seen something positive around the district? Please tell us! You can report any comments or positive experiences at www.cmcss.net/helpfullinks/feedback.aspx.

Amazing Employees

Department Commented On: Operations (Transportation)

Submitted by: Vicky Slayton

Jimmy Menard Bus #1503 - Submitted by Coaches Jimmy Young & Daniel Zahn (Montgomery Central High School Basketball) We would like to give a “thumbs up” to one of the bus drivers who transported the basketball teams to several games this year. He seemed to show genuine concern for our well-being and is obviously experienced with bus safety. Mr. Menard always took his time to explain the rules and made sure our safety was first and foremost. We really appreciated the extra effort he extended to us.

Department Commented On: Technology

Submitted by: Virginia Burkhart

I want to thank Scott Patterson, Technology Team 3, for all of his help in general, but specifically for his help with one of my students at MCHS who reads Braille and uses several different assistive technology devices. Scott never hesitates when I reach out to him for assistance. Braille technology is unique to other assistive technology, but Scott is always able to find a solution to any problem we encounter. I could not educate my student at MCHS if it wasn't for Scott. The words “thank you” seem inadequate, but they are truly heartfelt. Thank you, Scott!

Department Commented On: Operations (Transportation)

Submitted by: Madison Haskins (parent)

Bill Calabrese is a wonderful bus driver. He is always on time, goes out of his ways for the kids, and knows them all by name. Mr. Bill is friendly and helpful and we appreciate everything he does for our kids. Thank you for keeping our kids safe.



Microsoft Home Use Program Now Available

You are now eligible to participate in Microsoft's Software Assurance Home Use Program (HUP). This program enables you to get a licensed copy of most Microsoft® Office desktop PC applications to install and use on your home computer.

Under the Home Use Program, you and our other employees who are users of qualifying applications at work (e.g. Office Enterprise) may acquire a licensed copy of the corresponding Home Use Program software (e.g. Office Enterprise) to install and use on a home computer. You may continue using HUP software while you are under our employment and as long as the corresponding software you use at work has active Software Assurance coverage.

Please note that some product and language versions may not be available at the time you place an order. For up-to-date information on the availability of Home Use Program software, please visit <http://microsoft.com/licensing>.

To access the Microsoft Home Use Program Web site:

1. Go to <http://hup.microsoft.com/>.
2. Select the country to which you want your order to be shipped to and choose the language for viewing the order Web site.
3. Enter your corporate e-mail address and insert the following program code **DD70956869**
Note: This program code is assigned to our organization for our sole use in accessing this site. You may not share this number with anyone outside our organization.
4. Place your order online, and it will be shipped to the location you have chosen. Please note that a fulfillment fee will be charged to cover packaging, shipping, and handling costs.