



Employee Newsletter

September 23, 2019

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September Classified Kudos

Employee Group Being Recognized: **Transportation**
Employee Representing Group: **Sylvia Dunn**
Time of Service to CMCSS: **26 years**
Primary Job Responsibility: Provide logistics and manage a fleet that transports over 29,000 students to 38 facilities.

"I support the mission of CMCSS by living by a motto I was once told that 'It is not what we are transporting but whom we are transporting; not only someone's precious child but also the future of this country.' We should never lose sight of the importance of our jobs"

"The best part of my job is the opportunity to sit in the bus driver seat and transport students to and from school."

Employee Group Being Recognized: **Transportation**
Employee Representing Group: **Charles Saulter**
Time of Service to CMCSS: **5 years**
Primary Job Responsibility: School Bus Driver, safely and efficiently delivering precious cargo to and from school each day

"I support the mission of CMCSS by safely transporting students to and from school with a positive attitude, mentoring students, and guiding them"

"The best part of my job is interacting with students on a daily basis. Greeting students and putting a smile on the students' faces every day."

Fall Webinar Series

Professional Learning is excited to announce the first webinar series for 2019-2020! Check out the dates and course codes for easy registration on PLAN.

SEPTEMBER 25 It's Time to Talk About It - Suicide in Tennessee

PRESENTER: Misty Leitsch, Zero Suicide
Director, Tennessee Suicide
Prevention Network

AUDIENCE: All CMCSS Employees
Classified, Certified, & Admin

PLAN COURSE CODE: 20613



OCTOBER 8 Avoiding Power Struggles with Middle and High School Students

PRESENTER: Matt Slight, Principal, West
Creek High School

AUDIENCE: 6-12 Classified, Certified, &
Admin

PLAN COURSE CODE: 20614



NOVEMBER 12 FastPass to Fastbridge

PRESENTER: Dr. Patti Wilson, RTI
Coordinator

AUDIENCE: PreK -12 Certified & Admin

PLAN COURSE CODE: 20616



DECEMBER 4 A Look at CCR - College and Career Readiness in CMCSS

PRESENTER: Dr. Dayna Paine, Director,
Instruction and Curriculum 9-12

AUDIENCE: All CMCSS Employees
Classified, Certified, & Admin

PLAN COURSE CODE: 20617



Alive & Well Highlights

Yoga

NEW this month is Yoga at Kenwood Elementary on Thursdays at 4:30 p.m. This class is open to all CMCSS employees and all skill levels!

3rd Annual Costume Crawl 5k

The 3rd Annual Costume Crawl 5k will take place on Oct. 26th at Richellen Park. Dress up in your best costume and join us for this fun event. Walk and run options! Family and pets are welcome for the walk. Register at <https://aliveandwell.cmcoss.net/events>.

Check out the October calendar!

Please take advantage of all the group fitness options available in October! You can view the options on the calendar by clicking [here](#) or visiting <https://aliveandwell.cmcoss.net/events>.



Graphic provided by Alive & Well

Benefits Update

Open Enrollment

Open enrollment began Aug. 1 for the medical, dental and vision plans. The last day to enroll or make changes to coverage is Oct. 1. If adding a spouse to any of your plans, you will need to provide a copy of your marriage certificate.

Sick Leave Bank enrollment also began Aug. 1. The last day to enroll is Oct. 31.

Open enrollment for Colonial Supplemental Insurance and the Medical Flexible Spending/Dependent Care plan will be in November. Specific dates will be set later.

Need to Update Any of Your Personal Information?

Please notify Human Resources if you have had a change of address, have a name change, or need to make other updates to your personal information.

If you're adding a spouse or new baby, or making any changes to your insurance, contact the Benefits Office. Remember that changes to your insurance coverage due to a status change must be made within 30 days of the event.

If you need to update your beneficiary forms, please contact the Benefits Office.

The Benefits Office is open Monday - Friday, 7:30 a.m. to 4:30 p.m.

Donna McIntosh – donna.mcintosh@cmcoss.net

Amy Wigington – amy.wigington@cmcoss.net

Faye Tryon – faye.tryon@cmcoss.net



CLARKSVILLE-MONTGOMERY COUNTY SCHOOL SYSTEM

BENEFITS FAIR

Tuesday, September 24 | 3-6 p.m.
CENTRAL SERVICES GRACEY BOARD ROOM

**Colonial | MetLife | RetireReadyTN | LegalShield | Harris Family Pharmacy
HSABank | Fessenden Consulting Group | True Life Care | Sango Pharmacy
Tennova Healthcare | Travelers | YMCA | The Hartford | Riverside Spine
BlueCross BlueShield | Cornerstone Financial Credit Union**

***IN ADDITION TO FLU SHOTS, ONSITE WILL OFFER THE FOLLOWING STATIONS
BLOOD PRESSURE | BIOMETRIC SCREENING | PEAK FLOW | SPOT VISION SCREENINGS***

***ALLERGY, ASTHMA AND SINUS CENTER: OFFERING ALLERGY TESTING!
3:00 to 4:45 p.m.***

To ensure test results are accurate, don't take antihistamines 5-7 days prior to testing.

SPECIAL PRESENTATION - Medicare 101: The A, B, C and D's of Medicare.

Are you planning for retirement and want to know more about Medicare? Do you help your parents with their Medicare choices and wish you understood more?

Do you think you might work past age 65 but are not sure how to handle Medicare enrollment? A Medicare Advocate from BlueCross BlueShield of Tennessee will prepare you with the facts so that you can make a decision that's best for you.

This approximately one-hour presentation will be held at 5:00 p.m. in the Lecture Hall.