## смсss Newsletter

#### **In This Newsletter**

**School Messenger** 

CMC Education Foundation Great Idea Grants

**Benefits Update** 

**Alive & Well News** 

**Inaugural Indoor Duathlon** 

**Onsite News** 

**Continuous Improvement News** 

**Amazing Employees** 

Community



## Anticipatory call could be made if conditions warrant

During the winter months, bad weather sometimes impacts our area during the night or early morning, making it difficult to make a school closing announcement in the afternoon or early evening. In an effort to help parents and staff prepare, the Communications Dept. will make a call to all stakeholders on SchoolMessenger in the afternoon or evening before an anticipated weather event that could cause the closing of schools. This is to let stakeholders be aware of the possibility, and alert them to make plans "just in case."

Story continued on next page.



November 21, 2016

If schools will be closed, you can expect a call the following morning (between 5 and 5:15 a.m.) as you have in the past. If you do not receive a phone call, schools will be open. If the information about a school closing is known earlier than 5 a.m., information will be posted to the CMCSS website, the CMCSS Facebook page, Twitter, and released to Nashville TV stations and local radio. When weather moves in early enough to make the decision on the afternoon/evening before, we will continue to follow our procedure of sending out a notification then.

## **Employees can set phone notification preferences**

CMCSS employees can now choose how to be contacted by your school or the district for non-emergency messages. SchoolMessenger's InfoCenter allows the ability to view and listen to messages from your school or district, add, delete and verify your contact information, and personalize how you receive school communications. InfoCenter centralizes these communications in a unified inbox where you may access the contents of emails as well as voice and text messages. Simply set your communication preferences inside the SchoolMessenger InfoCenter. You will sign up at <a href="https://schoolmessenger.com/start">https://schoolmessenger.com/start</a>.



## Education Foundation Great Idea Grants Applications due Friday Dec. 9 at 4:30 p.m.

## **Applications can be found on the CMC Education Foundation Website**

Each year, the CMC Education Foundation awards grants for up to \$1,000 to schools, teachers and specific programs within the Clarksville-Montgomery County school system to offer resources beyond what district funds will provide; bringing great ideas into fruition.

These grants are for the benefit of increasing student achievement and providing non-traditional enrichment opportunities for students. Great Idea Grants are open to all CMCSS licensed teachers and administrators and project collaboration is encouraged.

Past grants have provided school support for areas such as: new technology for classroom instruction, STEM classroom expansion, expanded online classroom libraries, after school programming, literacy initiatives, outdoor classrooms, intervention program support, robotics club technology, gifted program support as well as special needs equipment for the classrooms.

## **Benefits Update**

## **Colonial Supplemental Insurance and MedFSA/DCAP-Open Enrollment**

The open enrollment period for Colonial plans will be Nov. 1 – Dec. 2. Colonial provides supplemental insurance plans that include Short-Term Disability (which includes a Maternity Rider), Accident, Critical Illness and Cancer plans. The online enrollment form and instructions is available on the Employee Benefits web page under "Colonial".

MedFSA & Dependent Care open enrollment will be Nov. 1 – Dec. 2. The 2017 enrollment form will be available on the Employee Benefits web page under "Benefits Connection" beginning on Nov. 1.

# Street Medicare

## **Medicare Notice and WHCRA**

The website is a very good resource for finding information regarding your medical, dental and vision coverage. Along with information concerning retirement and other supplemental benefits offered by CMCSS. The two links listed below are documents pertaining to the Women's Health and Cancer Act and Medicare prescription drug coverage.

http://www.cmcss.net/documents/benefits/WHCRA.pdf http://www.cmcss.net/documents/benefits/CreditableCoverage.pdf

## **RetireReadyTN Informational Meeting for Teachers**

There will be an informational meeting for teachers with our RetireReadyTN representative, Donna Richardson, on Tuesday, **Nov. 29**. The meeting will be held at the Central Office in the Lecture Hall at 4 p.m. If you are a teacher with CMCSS hired after July 1, 2014, you are enrolled in the TCRS Hybrid Retirement plan. The Hybrid plan includes a 401(k) Deferred Compensation Plan designed to work with the Tennessee Consolidated Retirement System (TCRS) plan to help employees prepare for retirement. Teachers in the Hybrid plan may already be participating in the 401(k) plan. If you are a teacher with CMCSS, but were hired prior to July 1, 2014, you are enrolled in the TCRS Legacy Retirement plan. Teachers in the Legacy plan may choose to participate in the 401(k) plan as well.

Benefits Office is open Monday through Friday 7:30 a.m. to 4:30 p.m. Donna McIntosh – <u>donna.mcintosh@cmcss.net</u> Amy Wigington – <u>amy.wigington@cmcss.net</u>



## **Kickstart to Weight Management Program**

The Kickstart to Weight Management Program is beginning in January 2017. We are now taking applications to be selected for the program. The program includes a biometric screening, nutrition counseling, nutrition classes, weekly challenge, and fitness tracking. The program will last 12 weeks. To apply, please fill out the application and email to Katie Massman, <u>katie.massman@cmcss.net</u>.

To fill out application go to https://newsletters.cmcss.net/Documents/79

## **Alive & Well December Events**



## **Dance Exercise Experience**

December 7, 5 p.m.-6 p.m., location TBD

You don't have to be a good dancer to enjoy this class! Come ready to increase your heart rate and have tons of fun! This cardio dance class will be taught by Megan Clegg. To sign-up, please submit the form at the following link

https://goo.gl/forms/0WVU6v4gGw4Szxuh1.

## **Spin Class Exercise Experience**

#### December 14, 4:30-5:20 p.m. at the Clarksville YMCA

Indoor biking is a fun and challenging way to exercise for all ages and fitness levels. This beginner class is a great introduction to those wanting to experience a different way to exercise. Includes fun music and instruction by Megan Clegg. To sign-up, please submit the form at the following link

https://goo.gl/forms/eIN67gOFxRSknGkt2.





## Cool, Calm, and Collected: Stress Management Class

#### Tuesday, December 6 at 5 p.m., Lecture Hall at Central Office

Stress is a major factor in our health and well-being. This class focuses on mental and emotional well-being by showing you tips and tricks to deal with stress (chair yoga included!). To sign-up, please submit the form at the following link

https://goo.gl/forms/eZZwLWlcoipOiZ9p1.

All Be Alive Points Program participants will receive points for participating in these events

## **Inaugural Indoor Duathlon**

The first indoor duathlon, organized by the Alive & Well Employee Wellness Program, took place on November 4. A total of 22 teams and another seven individuals participated in the competition, which featured a 25-minute run and a 25-minute bike. The goal of the competition was to run and bike as many miles as possible within the time limits. Those who placed in the top three are featured below. To see photos of the event, click here: <u>http://aliveandwell.cmcss.net/duathlon.html</u>

For all results please click here:

#### Top 3-Team https://newsletters.cmcss.net/Documents/78

Participant Bike	Participant Run	Bike	Run	Total
James Sumrell	Meagan Weeks	16.1	2.37	18.47
Tommy Butler	Carol Joiner	15.8	2.67	18.47
Steve Roberts	Ashlyn Fussell	15.3	3.05	18.35

#### Top 3-Individual Bike and Run https://newsletters.cmcss.net/Documents/77

Participant	Bike	Run	Total
Mike Nichols	14.4	2.94	17.34
Rachel Wheaton	14.0	3.01	17.01
Sheila Thaxton	11.9	2.14	14.04

#### Top 3-Individual Bike https://newsletters.cmcss.net/Documents/75

Participant	Bike
James Sumrell	16.1
Tommy Butler	15.8
Megan Clegg	15.5

#### Top 3-Individual Run<u>https://newsletters.cmcss.net/Documents/76</u>

Participant	Run	
Rachel Hamrick	3.52	
Richard Mylowe	3.43	
Sara Klenk	3.40	

## **Onsite Update**

The Onsite Clinic will be closed on Nov. 24, 25 and 26.

Starting on Nov. 6 through Nov. 22, Onsite will be giving back to two families in the Clarksville area. They are asking for donations to help support these families during the winter months for the holidays. We will also be doing a food drive in honor of our Wellness Program to help support families in need for Thanksgiving. For more details, please contact the Onsite Clinic.



#### **Recommendations for District Improvements**

To submit recommendations for district improvements, please go to Questions & Comments at the bottom of the district website or visit this link: <u>http://www.cmcss.net/helpfullinks/feedback.aspx</u>.

#### **District Documents**

All district documents can be searched for at <u>http://www.cmcss.net/forms.aspx</u>. To request updates to documents, please email April Sparks at april.sparks@cmcss.net. *Remember, the online version of any document is the official version.* 

#### **Below are policy updates:**

Policy Number Policy Name		Revision	Revision Date
INS-A077	Credit Recovery	IR	11/7/2016
INS-A078	High School Volunteer Hours Recognition	IR	11/7/2016
HUM-A083	Determining Administrator Salaries	IR	11/7/2016
INV-A002	Surplus Property	C	11/7/2016

### **Positive Feedback**

Have you seen something positive around the district? Please tell us! You can report any comments or positive experiences at www.cmcss.net/helpfullinks/feedback.aspx.

## **Amazing Employees**

Department Commented On: West Creek Middle School Submitted by: Eva Gibson

The Faculty and staff of West Creek Middle School would like to publicity thank our administrative team: Bryan Feldman, Michael Moseley, and Stacy Maley. They work tirelessly to ensure that the needs of our students and staff are met. As a unit, they collectively get things done and promote a positive environment. Thank you for all you do!

#### Department Commented On: Technology Submitted by: Kim Flint

I would like to thank Linda Bagwell and Donna Baker for taking their own personal time to help me with some technology questions. Donna even e-mailed me back with directions on a Friday night. All of our technology coaches go above and beyond what is expected of them. Thank you ladies for your help!

#### Department Commented On: Human Resources Submitted by: Cynthia Brown

A big shout out to Christie Beasley for providing a sub nurse at our school. I had completed the online medicine training and needed the paperwork signed off. Not only was the sub nurse doing a fabulous job working with the kids, but she accommodated my need to complete my paperwork. Thank you!

#### Department Commented On: Business Affairs (Warehouse) Submitted by: Tonia Alvarez

Last school year in May, George Bishop was delivering furniture earmarked for our new portables. I jokingly asked him if there were any nice computer tables on his truck. He didn't have any obviously, but told me he knew some schools were going to be getting rid of theirs and he would keep me in mind. And he did! In September (on my birthday, no less!) he came and showed me a picture on his phone and said he had 13 tables and did I want them. Sure! And he brought me 15 over fall break. They look so much nicer than the ancient ones we were using. I thank George for remembering his promise and keeping his word over the summer. Thank you so much!

#### Department Commented On: Glenellen Elementary Submitted by: Kim McDaniel

I am so very pleased with my son's experience in Mrs. Leto's kindergarten class at Glenellen Elementary school. My son is blossoming into a young reader with a real thirst for education in her class and within the general structure of Glenellen. He loves his school, can come home and tell me all of his learning targets and explain how he uses them in his lessons. His vocabulary is growing, his ability to read words is increasing at an incredible rate. I'm sure this is because he is motivated and excited to learn in his classroom. Mrs. Koloski must set the bar very high for her students and teachers. I'm so glad we are part of the Glenellen school team!

#### Department Commented On: Child Nutrition (Kenwood Elementary) Submitted by: Cynthia Brown

The Kenwood Elementary Cafeteria staff and manager work extremely hard to provide our lunches. Last week we had a great lunch that I know was extremely time consuming to make - but it was so appreciated. We had turkey sandwiches; chips; vegetables; a strawberry mandarin orange and spinach salad; a banana fruit salad, and a jello fruit desert. The group I eat with at lunch raved about the lunch. Kudos to Pat Corns and the cafeteria crew.

#### Department Commented On: Operations and Business Affairs Submitted by: Abby Binkley

Maintenance - Kevin Scott and his team were extremely helpful with putting up banners for the Clarksville-Montgomery County Education Foundation's Vision to Reality event. We appreciate the extra steps they took to make sure our vision for the evening was carried out.

Warehouse – Mario Penate and his team at Central Office and Ray Ruiz and his team at Central Services South are always so helpful when it comes to assisting us. No matter if it is moving pallets of paper, delivering hundreds of t-shirts, or packing up auction baskets (George Bishop and Chris Kentner), they are always happy to help.

## Community

CMCSS student musical groups will be performing at First Presbyterian Church's Spirit Fest on Dec. 3. Click here for more details: <u>https://newsletters.cmcss.net/Documents/80</u>