

HAPPY HOLIDAYS!



Employee Newsletter

December 10, 2018

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Electronic W2 and 1095-C Forms

Starting January 2019, we will have the capability to email employees their annual tax forms (W2 and 1095-C) instead of printing them and sending them to the schools to handout. The email will require a password to open the documents. The password is the same password that you currently use when you receive your direct deposit each pay day. In order for the district to send your annual tax forms electronically, we must get the employee to sign a consent form.

Every active employee has received an email that has a web link they can click on that will take them to an online consent form. If you want to opt-in to receive your annual W2 and 1095-C forms electronically, then you sign into the online consent form with your “My Login” information and complete the form. It takes less than a minute to complete the form. For added convenience, you can also complete it using a mobile device.

If you choose not to receive your annual tax forms electronically, then you do not need to do anything. You will receive a hard copy of your annual tax forms just as you have in the past.

ENGAGE

CMCSS Professional Learning Conference

A Message From the Professional Development Team

Planning for the ENGAGE Conference is already underway, and for this coming year to be another success, We need you! Over and over, our teachers tell us that they learn best from their peers, so please consider sharing the good work that you are doing with your students. Do you have a great new strategy that works? Have you found an innovative way to use technology? Do you know how to effectively support students' social-emotional learning needs? If you answered yes to any of those, please be willing to share with your peers this summer!

You can find the proposal link at: <https://goo.gl/forms/FwSThIEkUFBeo7oo2>

Conference proposals are due by **January 18**, so you have plenty of time to decide which great ideas you would like to share.

Thank you for helping us make the ENGAGE Conference a meaningful learning experience for our district.

Why Should Teachers Consider Presenting at ENGAGE?

"Teachers should consider presenting at ENGAGE because it will give them the opportunity to share new strategies with teachers who are looking for different ways to engage students. It will also give presenters and teachers taking the classes the opportunity to collaborate on how they use particular strategies in their classrooms based on the needs of their students."

April Cole
6th Grade Social Studies Teacher
Montgomery Central Middle School

"Presenting in front of my colleagues was something I never thought about doing, but was very inspired by doing so last year at ENGAGE. During that time, I not only had the ability to build my knowledge with content shared on my part, but with other teachers in the room from other schools in CMCSS. Reaching out and sharing knowledge and resources only makes us better and allows us a better opportunity to reach each and every one of our students."

Meaghan Sikes
7th Grade Science Teacher
Northeast Middle School



Benefits Update

Important Pharmacy Information

Beginning on Jan. 1, 2019, your prescription drug benefits will be administered by EpiphanyRx instead of Express Scripts through BlueCross BlueShield of Tennessee (BCBS of TN). The Clarksville Montgomery County Employees Insurance Trust (CMCEIT) made this change in order to provide you with long-term benefits through a respected pharmacy benefit manager that is known for clinical expertise and exceptional member services. As pharmacy costs continue to rise, the Insurance Trust has researched options that may help you and us contain and potentially experience pharmaceutical savings.

BCBS of TN will continue to be your medical carrier. Prior to Jan. 1, 2019, BCBS of TN will send you a new ID card to your home address that includes EpiphanyRx information so that you may get prescriptions.

What you need to know:

Where to fill prescriptions, find a list of covered drugs, information on prior authorization, and other resources can be found on www.EpiphanyRx.com/Resources.

- A list of participating pharmacies can be found at www.EpiphanyRx.com/Resources.
- Retail Network Includes 70,000 pharmacies and all major pharmacy chains are included.
- Specialty pharmacy services are provided by AcariaHealth and Mail Pharmacy services are provided by HomeScript.

What if I have remaining refills on a current prescription?

In a transition like this, EpiphanyRx will receive an “Open Refill Transfer File” (ORTF) from ExpressScripts. If the member has refills remaining they should be reflected on that file. HomeScripts (Epiphany’s mail order pharmacy) will have an accounts set up and those refills will be handled by HomeScripts on/after 1/1/19.

What’s next?

You will receive additional written communication via mail from EpiphanyRx, including a welcome letter in December. You will receive a new ID card from BCBS of TN that includes EpiphanyRx information in late December.

Ensure that you provide a copy of your new insurance card to your pharmacy on or after January 1, 2019 when obtaining a prescription. If your doctor calls in your prescriptions, you will want to provide your doctor’s office with a copy of your new insurance card as well.

Need more information?

Additional forms and information that you may need are on the EpiphanyRx website. EpiphanyRx may be reached at www.EpiphanyRx.com/Resources or 844-820-3260.

Note: If you are currently participating in the TrueLifeCare Diabetes Management Program, you will continue to receive your supplies from TrueLifeCare. If you do not participate in this Program, you may purchase your test supplies at a pharmacy by paying the required coinsurance payment.

New Blue Cross Blue Shield Dental Rates

Blue Cross Blue Shield is requiring a rate increase on the Dental Plan effective January 1, 2019. The current dental premium has been effective since Jan. 1, 2017. Due to claims history for the past two years, a rate increase is needed. The CMCEIT continues to review the Dental Plan and will make changes, if warranted.

There will not be any changes to dental coverage and it will remain in the Preferred Network. Please be reminded that preventive dental care is paid at 100% and routine visits to your dentist can prevent problems with your oral health before they pose potentially serious problems to your overall physical health. Regular checkups are also advantageous for the early detection of underlying medical conditions.

Due to dental deductions not being payroll deducted in the summer, an additional deduction will be taken to catch up your dental premium for the 2018-2019 year. The amount of the deduction and the payroll it will be deducted on will be communicated at a future time.

Dental Administrator Monthly Premiums beginning with Dec. 31 payroll (premium deducted 10 times a year)

Dental Certified (teacher) Monthly Premiums beginning with Jan. 4 payroll (premium deducted 10 times a year)

Type of Coverage	Current Monthly Premium	Monthly Premium Effective January 2017
Single	\$39.20	\$39.98
2-Party	\$78.73	\$80.30
Family	\$118.44	\$120.80

Dental Classified Bi-Weekly Premiums beginning with Dec. 20 payroll (premium deducted 20 times a year)

Type of Coverage	Current Bi-Weekly Premium	Bi-Weekly Premium Effective January 2017
Single	\$19.60	\$19.99
2-Party	\$39.37	\$40.15
Family	\$59.22	\$60.40

CMCSS Retirement Informational Meetings

Two retirement meetings are scheduled for 2019. These meetings are very informative and open to all employees. We urge anyone who is considering retirement to attend either one of the meetings. Both meetings will be held in the Lecture Hall on the first floor of Central Services-Gracey. They are scheduled for **Tuesday, Jan. 29 at 4 p.m.** and **Thursday, Jan. 31 at 5 p.m.**

The Benefits Office is open Monday - Friday, 7:30 a.m. to 4:30 p.m.

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Alive and Well

Alive & Well December Events

Click **here** to view the calendar for December events and activities! And please be sure to check the Alive & Well Pop-ups Facebook page often for updates. <https://www.facebook.com/groups/1889604354589191/?ref=bookmarks>

Featured Events:

Jingle Bell Fun Run 5k: Dec. 22 at 8 a.m. at the Clarksville Greenway. No competition or prizes, but please sign-up at the link in case we have any special instructions to send. Family and pets are welcome. 10 points + bonus points for wearing an “ugly” holiday sweater! <https://goo.gl/forms/7KyNu5oFRbpnOnU72>

Lotus Flower Yoga Free Class: Any time during the month of December, you may attend a FREE yoga class at Lotus Flower Yoga and receive 10 points. You must show them this email and bring your work ID. If you attend a class, please email katie.massman@cmcss.net with the date and name of the class you attended.

The Case for Bread Nutrition Class: Dec. 18 at 5 p.m. at Civic Hall. Learn about the history and changes of wheat production and bread-making, it's impact on health, and the best varieties to choose.

All events will be worth 10 points during the month of December!

Alive & Well Spotlight

Congrats to the following Be Alive Points Program participants for completing challenging events in November. Each of them will receive bonus points for completing these events:

Megan Clegg: Nashville Half Marathon

Melissa Nolan: Rock 'n Roll Half Marathon in Savannah, GA

Rachel Hamrick Kennedy: Spartan Ultra Beast

Angela Welborn: The Great Pumpkin Run 5k Trail Run (first ever 5k trail run)

Jeff Morlock: St. Jude Half Marathon

Be Alive Points Program November Winners

Congrats to the following Be Alive Points Program participants for earning the most points in November:

Beatrix Murphy, Adrienne Beech, Tyler Jean, Lindsay Cooper, Angela Welborn, Alisha Henderson, Debra Tuberville, Deborah Wallace, Judy Blackmon, Jennifer Silvers, Roseanna Vasquez, Carrie Britt, Kimberly Anderson, Stephanie Carley, and Kara Ezell.

Each will be receiving a \$50 gift card